

Presenter's name: Isabel Stolz

Curriculum vitae:

Since 2021 Research Associate and Lecturer at German Sports University Cologne (CSU)

Founder of EQUITEDO®-App in cooperation with Research Associate at Research Institute for Inclusion through Physical Activity and Sports – affiliated Institute of German Sports University Cologne (GSU)

Since 2017 Lecturer in the International Sports Science Masters Program University Foro Italico, Rome

Since 2013 Research Associate at Research Institute for Inclusion through Physical Activity and Sports – affiliated Institute of German Sports University Cologne (GSU)

Category: Workshop

Authors:

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Title: EQUITEDO® – ICF-based Measuring of Equine Assisted Services

Abstract:

In this practical workshop, the EQUITEDO Evaluation Tool will be presented and used in practice.

EQUITEDO® is an app for measuring the effects of equine assisted services with a systematic report function. It can be used to display therapy progress with automated evaluations, graphs and diagrams. In addition, appointments can be entered and invoices created.

EQUITEDO® was developed over a period of two years and four months on the basis of a high-quality scientific procedure and tested according to psychometric quality criteria. It is based on the International Classification of Functioning, Health and Disability (ICF) of the World Health Organization (WHO). EQUITEDO® enables evidence-based mapping of the effectiveness of different Equine Assisted Services through a modular structure comprising various specializations. A case example will be presented in the workshop and participants can give EQUITEDO® a try on their smartphones, plus there is also a six-week free trial period for everyone. In addition, interested professionals and institutions can take part in our international validation study if they wish and become involved in our EQUITEDO® Working Group for the targeted ongoing refinement of the app.