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Degree, affiliation: Supervisor Clinical Psychology, Supervisor Psychoanalytical Psychotherapy, Supervisor Forensic Psychiatry, Supervisor Leadership Balint Group, Supervisory Committee Forensic Psychiatry, Holland

Curriculum vitae:

Drs. Willem H. M. van Lieshout:

Since 2003 has been working for the International Children 's Safety Service in Hungary as a teacher in Equitherapy (for psychologists and psychiatrists). Since 2003 yearly has been giving a lecture in 'psychotherapy with the help of horses' for the International Children 's Safety Service in Hungary.

Peter Holzmüller:

Head of the staff unit for organizational development at the Bavarian Red Cross (Germany)
Research associate in the Sociology of Diversity working group at the Faculty of Sport and Health

Sciences at the Technical University of Munich

Member of the Board of the Hungarian Therapeutic Riding Association

Member of the German Kuratorium für Therapeutisches Reiten

In the Hungarian Therapeutic Riding Association, he has been responsible for the development of hippotherapeutic education in a multiprofessional setting for 25 years. An essential aspect of this is the participant-oriented conception of the neurophysiological therapy units. Motto: "Let's make sensitive and touching music".

Category: Oral presentation

Topic: Treatment methods of equine-assisted psychotherapy

Authors:

Willem Lieshout

Peter Holzmüller

Title: "THE HORSE AS YOUR SHADOW"

Abstract:

This lecture aims to simplify the concept of "projective identification" for understanding the communication between humans and horses using visual aids such as cartoons and movie clips. Projective identification is a phenomenon of the psychopathology of everyday life, particularly in regard to intimate relationships (like marital and family transactions and interactions among close friends). Moreover, it is also a useful concept for the understanding of and explanation of confusing patient-therapist interactions. The interaction between patient, therapist and horse is also an intimate relationship, that maybe confusing.

So, 'projective identification' seems to be a good tool for understanding the communication between patient and therapist and horse

By illustrating the concept of "projective identification" through the idea of "recruiting the horse as your shadow," wherein the term "identification" is omitted, the essential meaning of "projective identification" remains intact: the simultaneous disavowal and retention of something. This lecture will demonstrate how this fresh perspective enhances our understanding of the interaction between humans and horses.

This lecture will substantiate theoretical viewpoints with practical examples.