

Presenter's name: Rhona Harkness

Degree, affiliation: BSc Hons OT BHS Coach Stage 3 (reg)

Curriculum vitae:

CLASI Certificate in Ayres Sensory Integration
Module 5 Evidenced Based Interventions including Fidelity to Intervention
Module 4 Clinical Reasoning using Ayres Sensory Integration
Equine Facilitated Therapy Course
60 credit bearing points into the Masters in Advancing Practice
Equine Facilitated Practitioner Diploma
SCQF Level 8 Professional Diploma in Equine Facilitated Learning and Development
Equine Psychology Diploma with Distinction
The Movement Program® Provider
M6 Evidence-based ASI Intervention Hands-on Practice and Review
Certified The Listening Program® (TLP) Provider
Postgraduate Sensory Integration Module 4: Advanced Treatment
Postgraduate Sensory Integration Module 2/3: From Assessment to Practice
Equine Reiki Master
Postgraduate Sensory Integration Module: Theory and Intervention
Degree Module – Understanding ADHD
Sensory Integration Module 1 & 2
Fortune Centre Diploma in EAT
British Horse Society Stage 3 Coach in Complete Horsemanship
BSc Hons OT

Category: Poster

Topic: Disabilities and symptoms

Authors:

Rhona Harkness

Title: EQUINE SETTING SENSORY LADDERS

Keyword 1: Self-Regulation

Keyword 2: Equines

Keyword 3: Self-Awareness

Abstract:

Sensory Ladders for self-regulation were first introduced by Smith in the UK in 2001. Sensory Ladders are now known worldwide as a tool to support with the recognition and labelling of how our bodies look and feel like when we experience different states of arousal. The author has developed activities using the foundation of Sensory Ladders to be suitable for use in the equine setting, including regulation charts that can be individualised for each person and a linking ladder for equines.